



MINDFUL MAKING

Artist-instructor: Marco Palli

Fridays
February 5, 12, 19, 26, 2027
from 9:00 AM - 12:00 PM

4-session class fee:
\$160 / \$128 *annual donors*

Mindful Making is a process-based art class focused on self-expression, reflection, and personal meaning. Rather than emphasizing technical skills or finished products, this class invites students to explore the *why* behind their creative choices.

Through guided prompts, dedicated art-making time, and optional group discussion, participants develop their own individual projects in a supportive, open environment. Each session balances quiet studio work with thoughtful reflection, encouraging students to engage with memory, emotion, and personal narrative.

There is no right or wrong approach, and no prior experience is required. Students may work in any medium and are welcome to bring ongoing projects or begin something entirely new (students choice of medium).

This class is ideal for anyone seeking a deeper, more intentional connection to their creative practice, as well as for those looking to complement more technical art training with conceptual and expressive development.

Cancellation deadline: 01/29/27 - Call the box office to register: 239-395-0900

BIG ARTS Cancellation Policy:

Cancellations made more than one week (7 days) prior to the start of class will receive an 80% refund. OR funds may be applied to any other workshop of your choice during the current season.

Registration fees are non-refundable and non-transferable for cancellations made less than one week prior to the start of the class.